

MAY 2026



Monday	Tuesday	Wednesday	Thursday	Friday
				1 11am - 1pm: Personal projects 1pm - 2pm: Origami workshop 3pm - 5pm: Artisan Market preparation deadline
4 11am - 1pm: Personal projects 1pm-2pm: Creators block strategies 3pm - 5pm: Writing Workshop	5 11am - 12pm: Personal Projects 1pm - 2pm: Meal planning budgeting workshop (Nicole) 3pm - 5pm: Groove and Fitness	6 11am - 1pm: Personal projects 2pm-4pm: Sleep Hygiene workshop (Rhenda & Nicole) 4pm - 5pm: Artisan Market/Gems Prep	7 CLOSED ART GEMS!	8 Studio Opens at 1pm 2pm-5pm: Origami workshop cont'd
11 11am - 2pm: Personal projects 3pm - 5pm: Writing Workshop (storytelling)	12 11am - 1pm: Personal projects 1pm-3pm: Mirror Movement 3pm - 5pm: Collage Preparation	13 11am - 2pm: Personal projects 2pm - 5pm: Sock Monkey (Silvana)	14 11am - 12pm: Personal projects 12pm-2pm: Theatre Creation 2pm - 5pm: Sock Monkey (Silvana) Contd:	15 11am - 1pm: Personal projects 1pm-2pm: Soothing songs w Visual Arts 3pm: - 5pm: Karaoke
18 CLOSED VICTORIA DAY HOLIDAY!	19 11am - 12pm: Personal projects 12pm-2pm: Theatre Creation cont'd 2pm-5pm: Collage preparation cont'd	20 11am - 1pm: Personal projects 1pm - 5pm: Collage Creation workshop	21 11am - 12pm: Personal projects 1pm - 2pm: Mirror movement 3pm-4pm: Mindfulness with Jeremy 4pm-5pm: personal projects	22 11pm - 5pm: TRIP: Power plant Exhibit
25 11am - 1pm: Personal Project 1pm - 2pm: Writing workshop 3pm-5pm: Theatre creation cont'd	26 11am - 12pm: Personal projects 2pm-5pm: Clay Mural	27 11am - 1pm: Personal projects 2pm - 5pm: Clay Mural cont'd	28 11am - 12pm: Personal projects 12pm - 2pm: Collage contd 3pm - 5pm: Freestyle movement	29 11am - 1pm: Personal projects 1pm-2pm: Freestyle movements 3pm - 5pm: Salsa Dance Session

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Creative Works Studio
793 Gerrard St E (416) 203-2711 Ext.4255/4256
Schedule subject to change
<https://goodshepherdcentres.ca/services/creativeworks/>