

August 20	025			
Monday	Tuesday	Wednesday	Thursday	Friday
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				11am-12pm: Morning Exercise
				1pm - 5pm: Still Life drawing
4		6	7	
CIVIC HOLIDAY!	5 CLOSED	11am -12pm: Morning Exercise	11am - 12pm: Morning Exercise	11am - 12pm: Morning Exercise
		1pm - 4pm: Ceramics with Sr. Helen	1pm – 4pm: Batik	1pm – 5pm: Batik Contd:
	COMMUNITY PROGRAMMING		4pm - 5pm: Mindful Wellness	
11	OPEN 12	13	14	1
		11am 12nm Maming Evansisa	WOODBINE BBQ!!	11am 12nm. Marring Evaraiga
11am -12pm: Morning		11am -12pm: Morning Exercise		11am - 12pm: Morning Exercise
Exercise	Exercise	1pm - 4pm: Ceramics with Sr. Helen	GOOD SHEPHERD CLIENTS	3pm - 5pm: Personal Projects
3pm - 5pm: Writing workshop and storytelling	1pm - 5pm: Gratitude grove with Victoria		AND STUDIO MEMBERS	
18	19	20	21	
11am -12pm: Morning	CLOSED	11am - 12pm: Morning Exercise	CLOSED	11am - 12pm: Morning Exercise
Exercise	TRAINING IN THE	1pm - 4pm: Ceramics with Sr. Helen	FOR PEST CONTROL!	1pm - 5pm: Salt N Chalk
3pm - 5pm: Writing workshop and storytelling	STUDIO			workshop with Silvana contd:
25	26	27	28	29
11am -12pm: Morning	CLOSED	Studio closed for 2 hours for Uzima	11am -12pm: Morning Exercise	11am - 12pm: Morning Exercise
Exercise	COMMUNITY	Women Group workshop	1pm - 4pm: Ceramics with Sr. Helen	11pm - 5pm: Trip: Evergreen
3pm - 5pm: Writing	PROGRAMMING	11am -12pm: Morning Exercise		Brickworks
workshop and storytelling		1pm - 2pm: Ceramics with Sr. Helen 2pm-4pm: (closed) 4pm - 5pm: Personal projects		

https://goodshepherdcentres.ca/services/creativeworks/ Schedule subject to change