

Good Shepherd Youth Services  
inspires youth to dream, hope  
and achieve. We strengthen  
community by believing that no  
youth stands alone.

*"I was so anxious that I could  
not attend school or even  
leave the house. With support  
from Brennan House, I have  
graduated from high school, I  
take the medication that I need  
and now live independently!" -  
Client*

For more information, please contact:

**Brennan House**  
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Hamilton ON L8N 1E2

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www.goodshepherdcentres.ca  
Facebook: goodshepherdhamilton  
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# Good Shepherd Youth Services **BRENNAN** House & ACTS

## What it means to have Faith in People

It means seeing the whole person.  
It means hearing the warmth and  
humanity in their voices.

We see potential and promise.

For those we serve at  
Good Shepherd Non-Profit Homes –  
Toronto, our *faith in people* means all  
of this. It also means helping people  
discover their *faith in themselves*.

To donate:

Good Shepherd Development Office  
10 Delaware Avenue, PO Box 1003  
Hamilton ON L8N 3R1  
905.572.6435 (905.57.ANGEL)  
www.goodshepherdcentres.ca

Charitable Registration # 13063 6798 RR0001

  
**Good Shepherd**  
Faith in people.

  
Hospitaller Order of Saint John of God  
Province of the Good Shepherd in North America



## no youth stands alone

 **Good Shepherd**  
Faith in people.





## Brennan House

Brennan House is a 15-bed, community-based, out-of-home program for youth 15 to 18 years of age, with identified social, emotional, behavioural, mental health and addictions issues. Staff develop individualized treatment plans to support or enhance youth's integration into the community. Youth are supported in understanding their mental health concerns and implement skills that augment their lives and future and current community involvement.

## Our Goal

Good Shepherd is committed to helping young adults who are street involved or homeless due to family violence, conflict, abuse, neglect, poverty and exposure to mental health and addiction issues. Our goal is to assist these at-risk youth by providing support and the necessary tools to encourage independence and responsibility.



## Brennan House ACTS

Our Aftercare Transitional Support (ACTS) housing is available to youth who require minimal support for up to two years after living at Brennan House. ACTS consists of six furnished bachelor units supported by Brennan House Youth Liaison Worker with weekly resident meetings.

## Our Services

Free on-site services at Brennan House & Brennan House ACTS include:

- 24-hour access to staff supports
- Life skills training
- Budgeting
- Conflict resolution and anger management counselling
- Access to mental health clinicians
- Help with finding and maintaining employment
- Advocacy
- Access to the Community Kitchen to learn and practise cooking skills
- Aftercare support
- Access to a Youth Liaison Worker

