

“Regina’s Place provided me and my daughter with support and good quality housing in a safe environment.”

“The staff at Regina’s Place truly cares about working with me and encouraging me to reach my goals.”

“The on-site child minding at the Jeanne Scott Parent & Child Resource Centre is wonderful and the Early Childhood staff welcome us with open arms. We are so glad that finally there is a school for teen moms in the east end of Hamilton. It’s the right place for our community and I am grateful.”

“The Jeanne Scott Parent & Child Resource Centre has been a great thing for me. I am two credits away from graduating high school and I have child minding on site all day for my son.”

For more information, contact

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At Good Shepherd we have *Faith in People*. This means seeing the whole person, not just the problem. Hearing the warmth in their voice, not just the despair. Recognizing that everyone is a mother, a father, a son or a daughter. Seeing the potential and promise where others don’t. For those we serve at Good Shepherd, our *Faith in People* means all of this. Most of all, it means they discover their faith in themselves.

Good Shepherd Youth Services is committed to helping youth who may be struggling with poverty, family conflict, homelessness, mental health issues, abuse and neglect. We inspire youth to dream, hope and achieve. We strengthen community by believing that no youth stands alone.

Our services depend on the support of people who share our vision. There are lots of different ways to get involved – from volunteering your time and talent, donating food and clothing, to making a financial donation.

For more program information about Regina’s Place and the Jeanne Scott Parent & Child Resource Centre, call 905.549.4276 or visit our website at www.goodshepherdcentres.ca.



Charitable Registration # 13063 6798 RR0001

REGINA’S PLACE

JEANNE SCOTT PARENT & CHILD RESOURCE CENTRE



Regina's Place

Regina's Place is home to young moms and their children. Mothers aged 21 and younger, who are confronted with enormous responsibilities as they raise their babies, live in one of 15 fully furnished, subsidized transitional housing apartments. Residents of Regina's Place receive on-site support and programming including life skills, goal setting and child development training designed to break barriers for multiple generations.



Jeanne Scott Parent & Child Resource Centre

At the Jeanne Scott Parent & Child Resource Centre, next door to Regina's Place, young mothers earn a higher education to break the cycle of poverty and better their chances of employment and independence. The Hamilton-Wentworth Catholic District School Board, in partnership with Good Shepherd, operates a school for the mothers, while on-site child minding is provided for their babies.

Our Goal

At Good Shepherd we have **Faith in People**. Young moms at Regina's Place and the Jeanne Scott Parent & Child Resource Centre learn to provide a better life for their family and discover **faith in themselves**. Supportive housing allows young moms to have safe and stable living environment, while benefiting from support services that improve long-term outcomes for both mother and child, such as job attainment and retention, academic success, improved parenting skills and healthy child development.

Our Services

In addition to the alternative education school, tenants attend programs, based on their personal needs and strengths. These programs help young moms to continue to build life skills and increase parenting abilities.

Programs include:

- Cooking/Community Gardening
- Health & Nutrition
- Infant bonding and attachment
- Budgeting
- Pre-employment Counselling
- Problem Solving
- Public Health Support
- Ontario Early Years Hamilton
- LEAP (Learning, Earning and Parenting)
- Mental health and addiction support

