

MARCH

Monday	Tuesday	Wednesday	Thursday	Friday
2 11am - 12pm: Personal projects 1pm-2pm: Groove and Fitness 3pm - 5pm: Gel Printing	3 11am - 2pm: Personal Projects 2pm - 5pm: Crochet workshop	4 11am - 1pm: Personal projects 2pm-2:45pm: Yoga with Thea (optional chair yoga) 3pm-5pm: Gel Printing contd	5 11am - 12pm: Personal projects 12pm - 3pm: Olive Tree (prep for Mission Week Art activity) 3pm-5pm: Ceramic Project	6 CLOSED FOR TRAINING
9 11am - 1pm: personal projects 2pm - 5pm: Painting workshop	10 11am - 1pm: Personal Projects 1pm - 4pm: Mission Lunch (Art Activity – Olive Tree) 	11 11am - 1pm: Personal projects 2pm – 2:45pm: watercolor and mixed media 3pm-5pm: Art Journal	12 11am - 12pm: Personal projects 12pm-1pm: Exploring Movement 3pm - 5pm: Batik	13 11am - 1pm: Personal projects 1pm: - 2pm: Art Journal 3pm - 5pm: Batik Contd:
16 11am - 1pm: personal projects 3pm - 5pm: Writing Workshop	17 11am - 1pm: Personal projects 3pm - 5pm: St. Patrick's Day Activities	18 11am - 12pm: Personal projects 2pm – 2:45pm: Yoga with Thea (optional chair yoga) 3pm-5pm: Painting	19 11am - 12pm: Personal projects 12pm - 2pm: Art Journal 3pm-5pm: Illustration workshop	20 11pm – 5pm: Trip: Gardiner Museum
23 11am - 1pm: Personal 3pm - 5pm: Writing Workshop	24 11am - 12pm: Personal projects 2pm-5pm: Crotchet workshop	25 11am - 12pm: Personal projects 2pm –2:45pm: Spring themed Yoga with Thea 3pm - 5pm: Poems workshop	26 11am - 12pm: Personal projects 3pm - 4pm: Mindful Wellness 4pm- 5pm: Journaling:	27 11am - 1pm: Personal projects 1pm-2pm: Exploring Movement
30 11am - 1pm: Personal 3pm - 5pm: Artist's Talk	31 11am - 12pm: personal projects 2pm-5pm: Sewing			

<https://goodshepherdcentres.ca/services/creativeworks/> Schedule subject to change

Creative Works Studio
793 Gerrard St E
(416) 203-2711 ext.4255(Ximena Moreno)/ext. 4256(Scola Mbithi)