For more information, please contact: Good Shepherd Seniors Support Services 10 Pearl Street North, Hamilton ON 905-777-8801

ALProgram@gsch.ca

www.goodshepherdcentres.ca www.facebook.com/goodshepherdhamilton www.twitter.com/goodshepherdham

## **Good Shepherd Seniors Support**

**Assisted Living Program** 

# What it means to have Faith in People

It means seeing the whole person.

Hearing the warmth in their voice,
not just the despair. We see potential
and promise where others don't.

For those we serve at
Good Shepherd, our faith in people
means all of this. It also means
helping people discover their
faith in themselves.

For more information or to donate:

Good Shepherd Development Office 400 King Street West, PO Box 1003 Hamilton ON L8N 3R1 905.57.ANGEL (905.572.6435) www.goodshepherdcentres.ca





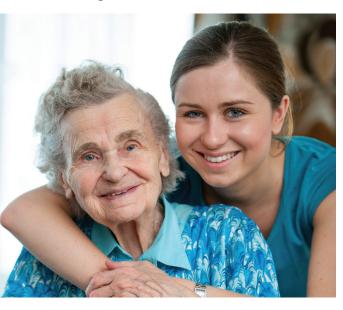


### **Assisted Living Program**

Good Shepherd's Seniors Support Services Assisted Living Program helps seniors manage activities of daily living in their own homes.

The program provides non-medical personal support services to individuals who require access to care in order to remain safe and healthy in their own homes. Services are available 24 hours a day.

There is no cost to the client. Funding for Seniors Support Services is provided by the Hamilton Niagara Haldimand Brant Local Health Integrated Network.



#### Our Goal

The Assisted Living Program promotes wellness and improves the health of clients by providing services that enable them, despite their illnesses or conditions, to live in the community with a high degree of independence, and to be integrated into community life as much as possible.



#### **Our Services**

Services are provided on both a scheduled and "on-call" basis. Clients can call day or night. All services are geared to preserving independence by assisting clients at their level of individual need and always promoting their right to self-direction.

#### Our services include:

- Personal support services: showering/ bathing; dressing/undressing; medication reminder visits or calls; personal hygiene; toileting; and other routine daily activities
- Security checks, reassuring visits
- Light homemaking services, laundry and meal preparation

#### Referrals

Referrals may be made directly to the Seniors Support Services Program Manager from hospitals, primary care providers, CCACs, health professionals, informal caregivers such as family members, community support staff/volunteers, or through self-referral. The Program Manager will conduct an in-home assessment to provide an evaluation of the client's needs and guide the determination of eligibility.